

Recognizing Stroke Symptoms: BEFAST



Balance

Experiencing loss of balance, unsteadiness, or lack of coordination.

Eye Sight

Have double vision, blurred vision, or loss of sight.

Face Drooping

One side of the face begins to droop.

Numbness

Have numbness or weakness in an arm, leg, or both on one side of the body.

Impaired Speech

Speech becomes slurred, trouble getting words out, or speaking gibberish.

Time of Symptoms

Call 9-1-1 right away, and record when symptoms start.