

# BIOMETRIC HEALTH SCREENING

A biometric health screening includes basic health measurements, which are used to evaluate and benchmark your health status over time.



## Why Does it Matter?

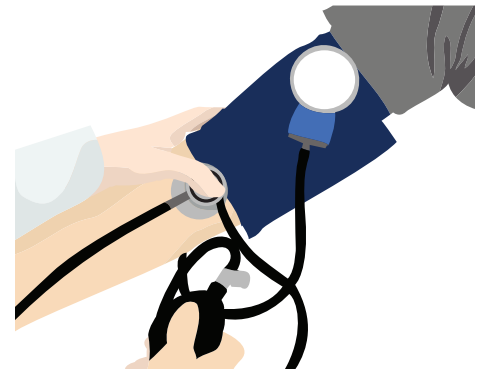
A biometric health screening is used to identify:

- Risk factors
- Your overall health
- Opportunities for improvement

## What is it Measuring?

Most biometric health screenings are measuring:

- Cholesterol
- Blood Glucose
- Blood Pressure
- Body Mass Index (BMI)



## After Your Biometric Health Screening

It's important to have a professional help you interpret what the results mean to your specific state of health.

Have a discussion with your physician on how you can best improve your numbers.

For assistance with any diagnosis, or adapting a healthy lifestyle, contact [ConnectCare3](#) by calling 877-223-2350 or email us at [info@connectcare3.com](mailto:info@connectcare3.com)

